

FAMILY RESOURCE CENTER NEWSLETTER

Brenda Cowan & Veterans Park Elementary Schools

DID YOU KNOW?

The FRC is available to provide services to ALL students and families!



The FRC has provided school supplies 303 times this school year!



Each week, 75 children receive food through the FRC's Weekend Backpack Program!

More than 150 children have received clothing through the FRC, and 13 children have received shoes!

During the month of December, the FRC is coordinating Holiday Gift Assistance for approximately 85 children!



Contact Information & Schedule

Brenda Cowan: Tuesday / Thursday / AM Friday

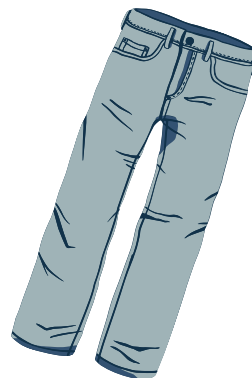
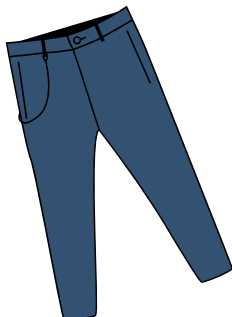
Veterans Park: Monday / Wednesday / PM Friday

Center Hours: 7:30 am - 3:00 pm

The FRC remains open during the summer break.

EMAIL:
NICOLE.LOVE@FAYETTE.KYSCHOOLS.US

THE FRC IS CURRENTLY IN NEED OF NEW OR GENTLY USED PANTS, AND NEW UNDERWEAR. DONATIONS MAY BE SENT TO SCHOOL LABELED 'FRC.'



FRC ADVISORY COUNCIL

The FRC Advisory Council meets every other month, and all are welcome to attend!

The next meeting is:

Wednesday, January 12th
3:00 pm

(via Zoom - contact Mrs. Love for the meeting link!)

RESOURCES OF THE MONTH

THE REFUGE CLINIC

Primary Medical Care

We provide charitable primary care services for patients that speak to the wide range of health care issues within our community.

Dental Care

Our patients receive free comprehensive dental care including, fillings, cleanings, oral surgery, root canals, crowns and dentures.

Other Services

Patients have access to a multitude of specialty and wraparound services onsite including, diabetic & nutritional education, women's health services, dermatology, physical therapy, translation services, transportation, medication assistance and other needs as they arise.

Phone
(859) 225-4325
Office Hours

Monday – Friday: 8:30am – 4:30pm

Locations

2349 Richmond Road, Suite 220
Lexington, KY 40502

210 East Walnut Street
Nicholasville, KY 40356
(Jessamine County Health Department)

<https://www.refugeclinic.org/>



ADULT EDUCATION

Did you know that on the average, a person with a high school diploma or GED® earns \$9,400 per year more than someone without a high school diploma? The higher a person's educational level, the higher their earnings.

The Skills U Adult Education Program in Anderson County, Clark County, Fayette County, and Scott County helps anyone 18 and older who is not currently enrolled in a secondary school with a number of educational goals like:

Preparing for your GED®

Improving your basic skills

Learning English as a Second Language

Preparing for college

Preparing for employment

The Bluegrass Community and Technical College Skills U Adult Education program provides free GED® classes in Anderson County, Clark County, Fayette County, and Scott County.

These free courses are offered throughout the year.

Contact us today about earning your GED® credential!

Schedule your assessment today.

To learn more about these FREE classes, please contact:

Fayette County
BCTC - Newtown North Campus
690 Newtown Pike
Lexington, KY 40508
(859) 246-6611
BCTCAdultEd.Fayette@kctcs.edu



First Steps

FIRST STEPS IS A STATEWIDE EARLY INTERVENTION SYSTEM THAT PROVIDES SERVICES TO CHILDREN WITH DEVELOPMENTAL DISABILITIES FROM BIRTH TO AGE 3 AND THEIR FAMILIES. FIRST STEPS IS KENTUCKY'S RESPONSE TO THE FEDERAL INFANT-TODDLER PROGRAM. FIRST STEPS OFFERS COMPREHENSIVE SERVICES THROUGH A VARIETY OF COMMUNITY AGENCIES AND SERVICE DISCIPLINES AND IS ADMINISTERED BY THE DEPARTMENT FOR PUBLIC HEALTH IN THE CABINET FOR HEALTH AND FAMILY SERVICES.

WHO DOES FIRST STEPS SERVE?

FIRST STEPS SERVES CHILDREN FROM BIRTH TO AGE 3 AND THEIR FAMILIES. CHILD ELIGIBILITY FOR THE PROGRAM IS DETERMINED TWO WAYS:

DEVELOPMENTAL DELAY - A CHILD MAY BE ELIGIBLE FOR SERVICES IF AN EVALUATION SHOWS THE CHILD IS NOT DEVELOPING TYPICALLY IN AT LEAST ONE OF THE MEASURED SKILL AREAS: COMMUNICATION, COGNITION, PHYSICAL, SOCIAL AND EMOTIONAL OR SELF-HELP.

ESTABLISHED RISK CONCERN - A CHILD MAY BE ELIGIBLE IF HE OR SHE IS DIAGNOSED WITH A PHYSICAL OR MENTAL CONDITION LIKELY TO RESULT IN DEVELOPMENTAL DELAY SUCH AS DOWN SYNDROME.

HOW FIRST STEPS SERVICES ARE PROVIDED

FIRST STEPS PROVIDERS DELIVER SERVICES THAT ACTIVELY INVOLVE YOU IN VISITS USUALLY CONDUCTED WHERE YOUR CHILD SPENDS TIME (HOME, CHILDCARE, PLAYGROUND) AND MAY DIFFER FROM SERVICES PROVIDED IN A THERAPY CLINIC OR MEDICAL CENTER.

FIRST STEPS PROVIDERS USE A COACHING APPROACH TO HELP FAMILIES AND OTHER CAREGIVERS SUPPORT YOUR CHILD'S LEARNING AND DEVELOPMENT.

Scan here
for more
info!

