

FCPS -District Safety Advisory Council - SLIDO - Meeting #3 - March 15, 2018

Topic Mental Health

| Question text |  | Up<br>Score | Down<br>votes | Starre<br>votes | d | Status   | User Name        | User Email | User<br>company | Submitted at           |
|---------------|--|-------------|---------------|-----------------|---|----------|------------------|------------|-----------------|------------------------|
| 1             | Has the committee or Lexington considered have a mental health court? I've heard we may have one but never hear anything about it.                               | 1           | 1             | 0               | 0 | Archived | Anonymous        | Anonymous  | Anonymous       | 03/15/2018<br>23:13:47 |
| 2             | Thank you, Dr. Martin, for recognizing that we need to pay attention to & support staff mental health as well as student mental health                           | 0           | 0             | 0               | 0 | Archived | Miriam<br>Silman |            |                 | 03/15/2018<br>23:19:57 |
| 3             | part 1 of question.,,The Healthy Kids clinic sounds excellent however it appears it is only at title 1 schools. Mental Health issues are prevalent (see part 2)  | 0           | 0             | 0               | 0 | Archived | Anonymous        | Anonymous  | Anonymous       | 03/15/2018<br>23:31:37 |
| 4             | At all income levels... why/when will non- title 1 schools get these clinics?  | 0           | 0             | 0               | 0 | Archived | Anonymous        | Anonymous  | Anonymous       | 03/15/2018<br>23:32:02 |
| 5             | Does FCPS pay for healthy kids clinic? If not why are they not available to middle and high school students?   | 1           | 1             | 0               | 0 | Archived | Sarai Eldridge   |            |                 | 03/15/2018<br>23:33:19 |
| 6             | How can we extend the health first clinic into the high school level where students have many physical and mental health needs.                                  | 1           | 1             | 0               | 0 | Archived | Anonymous        | Anonymous  | Anonymous       | 03/15/2018<br>23:33:26 |
| 7             | How are the Health First school clinics funded?  | 0           | 0             | 0               | 0 | Archived | Anonymous        | Anonymous  | Anonymous       | 03/15/2018<br>23:36:04 |
| 8             | So many students are on intense pharmaceuticals, how many of those students are receiving consistent counseling to address root issues and develop coping skills | 2           | 2             | 0               | 0 | Archived | Anonymous        | Anonymous  | Anonymous       | 03/15/2018<br>23:38:05 |
| 9             | Is there data to be shared - number of students served, race, outcomes, and satisfaction surveys so that we know these mental health services are effective?     | 6           | 6             | 0               | 0 | Archived | Anonymous        | Anonymous  | Anonymous       | 03/15/2018<br>23:39:31 |

FCPS -District Safety Advisory Council - SLIDO - Meeting #3 - March 15, 2018  
 Topic Mental Health

| Question text   | Up Score | Down votes | Starred votes | Status     | User Name         | User Email | User company | Submitted at        |
|---|----------|------------|---------------|------------|-------------------|------------|--------------|---------------------|
| 10 KY House Bill 604 proposes 1 MH professional per 1500 students in schools. Anybody know about its funding or how it would be implemented, or odds for passage?   | 1        | 1          | 0             | 0 Archived | Marc Cruser, MD   |            |              | 03/15/2018 23:39:38 |
| 11 Council please consider what needs to be done to FULLY FUND public schools!  | 0        | 0          | 0             | 0 Archived | Sarai Eldridge    |            |              | 03/15/2018 23:39:52 |
| 12 What services are provided to undocumented students who can't pay the sliding scale fee? Families with high deductible plans? Cost is a factor are there grants? | 1        | 1          | 0             | 0 Archived | Anonymous         | Anonymous  | Anonymous    | 03/15/2018 23:40:38 |
| 13 How many mental health professionals of color available to students in FCPS? Is there a focus or intention in getting some?                                      | 2        | 2          | 0             | 0 Archived | Anonymous         | Anonymous  | Anonymous    | 03/15/2018 23:40:45 |
| 14 Ms. Reed's plea to improve the counselor:student ratio echoes the school safety experts recommendation to hire more MH staff (said 3/1/3018). Please take note!  | 0        | 0          | 0             | 0 Archived | Miriam Silman     |            |              | 03/15/2018 23:43:19 |
| 15 Why aren't the school counselors, school Psychologists, school social workers on this panel? They are the ones that are a part of the school community.          | 3        | 3          | 0             | 0 Archived | Anonymous         | Anonymous  | Anonymous    | 03/15/2018 23:43:27 |
| 16 1/2Re:getting students to reach abt concerns or ideations had by themselves or peers,what is plan to better staff schools w/ppl that are relatable to students?  | 1        | 1          | 0             | 0 Archived | Mackenzie Fleming |            |              | 03/15/2018 23:43:30 |
| 17 2/2: As been mentioned, relationships are important especially when you are expecting kids to talk about difficult things. Representation matters.               | 2        | 2          | 0             | 0 Archived | Mackenzie Fleming |            |              | 03/15/2018 23:43:46 |

FCPS -District Safety Advisory Council - SLIDO - Meeting #3 - March 15, 2018  
 Topic Mental Health

| Question text   | Up Score | Down votes | Starred votes | Status     | User Name     | User Email | User company | Submitted at           |
|---|----------|------------|---------------|------------|---------------|------------|--------------|------------------------|
| 18 please institute home visits for kids who obviously present as at risk. There may not be enough info for CPS report but a home visit can offer a clear picture   | 2        | 2          | 0             | 0 Archived | Anonymous     | Anonymous  | Anonymous    | 03/15/2018<br>23:45:23 |
| 19 With so many people uninformed about what things qualify as "mental health" deficits, what actions can we as students take in an attempt to dismantle stigma?    | 3        | 3          | 0             | 0 Archived | Maliya Homer  |            |              | 03/15/2018<br>23:45:31 |
| 20 Have all these MH professionals working in the schools been trained in trauma- care?   | 1        | 1          | 0             | 0 Archived | Anonymous     | Anonymous  | Anonymous    | 03/15/2018<br>23:47:36 |
| 21 What mental health programs exist in FCPS?   | 1        | 1          | 0             | 0 Archived | Anonymous     | Anonymous  | Anonymous    | 03/15/2018<br>23:48:01 |
| 22 National average of student to counselor is 482 to 1 . Fayette county is far better than national average.   | 1        | 1          | 0             | 0 Archived | Anonymous     | Anonymous  | Anonymous    | 03/15/2018<br>23:49:39 |
| 23 If we are going to put another thing on teachers, besides teaching content, then we need to train and pay them appropriately.We need to treat like professionals | 1        | 1          | 0             | 0 Archived | Anonymous     | Anonymous  | Anonymous    | 03/15/2018<br>23:51:13 |
| 24 What would the role of the Church be when it comes to the topic of mental health?  | 2        | 2          | 0             | 0 Archived | Anonymous     | Anonymous  | Anonymous    | 03/15/2018<br>23:52:32 |
| 25 How are the multivariate outside agencies truly working with schools to build deeper wrap around services in cooperation?  | 0        | 0          | 0             | 0 Archived | Anonymous     | Anonymous  | Anonymous    | 03/15/2018<br>23:52:40 |
| 26 There is often no discussion between outside mental health agencies and schools about how best to serve kids. We need to learn from one another for kids.        | 0        | 0          | 0             | 0 Archived | Anonymous     | Anonymous  | Anonymous    | 03/15/2018<br>23:56:38 |
| 27 Adopting social emotional learning & trauma informed care will help identify need for & support MH services for students. This is fiscally efficient, too.       | 0        | 0          | 0             | 0 Archived | Miriam Silman |            |              | 03/15/2018<br>23:57:20 |

FCPS -District Safety Advisory Council - SLIDO - Meeting #3 - March 15, 2018  
 Topic Mental Health

| Question text   | Score | Up votes | Down votes | Starred | Status   | User Name          | User Email | User company | Submitted at           |
|---|-------|----------|------------|---------|----------|--------------------|------------|--------------|------------------------|
| 28 We are in crisis mode not preventative. Mental health is more than therapy. It's skill buliding socioemotional development. Are SW/counselors able to do this?   | 0     | 0        | 0          | 0       | Archived | Anonymous          | Anonymous  | Anonymous    | 03/15/2018<br>23:57:56 |
| 29 Part 1. It seems the answer is always to "teachers need to do more (teach about social media, build relationships,make sure your students get high test scores)  | 0     | 0        | 0          | 0       | Archived | Anonymous          | Anonymous  | Anonymous    | 03/15/2018<br>23:58:20 |
| 30 Counselors need to counsel not be assigned admin work  | 2     | 2        | 0          | 0       | Archived | Anonymous          | Anonymous  | Anonymous    | 03/15/2018<br>23:58:50 |
| 31 Part 2 Teachers can't continue to be the scapegoat! They already wear too many hats without enough resources or support  | 0     | 0        | 0          | 0       | Archived | Anonymous          | Anonymous  | Anonymous    | 03/15/2018<br>23:59:28 |
| 32 You can still discipline students without expulsion.   | 2     | 2        | 0          | 0       | Archived | Anonymous          | Anonymous  | Anonymous    | 03/16/2018<br>00:02:41 |
| 33 Is there a mandated protocol for communication between health, juvenile justice and schools? This is the same problem you spoke of in healthcare                 | 1     | 1        | 0          | 0       | Archived | Anonymous          | Anonymous  | Anonymous    | 03/16/2018<br>00:02:42 |
| 34 Is there a meaningful way already in place for parents to volunteer and relieve some administrative work to councilors/staff in FCPS esp in 6-12?                | 2     | 2        | 0          | 0       | Archived | Sarai Eldridge     |            |              | 03/16/2018<br>00:04:18 |
| 35 Increasing access to child & adolescent psychiatry & behavioral health in general require MENTAL HEALTH PARITY. We must all advocate for this.                   | 2     | 2        | 0          | 0       | Archived | Anonymous          | Anonymous  | Anonymous    | 03/16/2018<br>00:08:39 |
| 36 The shortage of child psychiatrists is nationwide - there's no way to hire enough. The solution is close collaboration w primary care. Ex: HealthFirst Bluegrass | 2     | 2        | 0          | 0       | Archived | Marc Cruser,<br>MD |            |              | 03/16/2018<br>00:10:00 |

FCPS -District Safety Advisory Council - SLIDO - Meeting #3 - March 15, 2018  
 Topic Mental Health

| Question text   | Score | Up votes | Down votes | Starred | Status   | User Name | User Email | User company | Submitted at           |
|---|-------|----------|------------|---------|----------|-----------|------------|--------------|------------------------|
| 37 One way to address the stigma related to mental health is to reframe things. Post traumatic stress isn't your fault and it is not a disorder.          | 2     | 2        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:11:03 |
| 38 Counselors are not professional with these kids. They do not keep confidentiality instead act like teenagers themselves.                               | 1     | 1        | 0          | 0       | Archived | Anonymous |            |              | 03/16/2018<br>00:11:55 |
| 39 How, then, are we teaching our families to support, look for warning signs, find appropriate help?   | 3     | 3        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:12:01 |
| 40 PTS is a normal response to a high stress experience and it is ok for people to be stressed. It is also ok to seek and get medical treatment to help.  | 2     | 2        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:12:04 |
| 41 Students need more empowerment. Remember these are high school young adults. I have heard better suggestions and questions from students on the panel. | 2     | 2        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:12:53 |
| 42 Is the Hispanic community represented in this discussion? How do we bring all our community to the table?  | 3     | 3        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:13:38 |
| 43 Aren't you morally obligated to provide services to those who are identified through the screener? What if there aren't enough resources for that?     | 3     | 3        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:16:34 |
| 44 Re the 250:1 ratio: consider the actual responsibilities not just the professional certification: HS guidance counselors do lots of non-BH duties      | 1     | 1        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:16:58 |
| 45 How many counselors speak FLUENT spanish?  | 3     | 3        | 0          | 0       | Archived | Anonymous |            |              | 03/16/2018<br>00:17:45 |

FCPS -District Safety Advisory Council - SLIDO - Meeting #3 - March 15, 2018  
 Topic Mental Health

| Question text   | Score | Up votes | Down votes | Starred | Status   | User Name       | User Email | User company | Submitted at           |
|---|-------|----------|------------|---------|----------|-----------------|------------|--------------|------------------------|
| 46 Can we start the education of students re social media, mental health, trauma, etc. with our freshman classes next year? In 4 yrs you will change the culture. | 1     | 1        | 0          | 0       | Archived | Anonymous       | Anonymous  | Anonymous    | 03/16/2018<br>00:19:34 |
| 47 The way to change the world is to improve the lives of mothers. So why are we not talking about supporting mothers, especially young single mothers.           | 5     | 5        | 0          | 0       | Archived | Anonymous       | Anonymous  | Anonymous    | 03/16/2018<br>00:20:03 |
| 48 YES! Self care, healthy mentality, coping skills classes for all kids. Some don't even know what's "normal" for them to deal with at any particular age.       | 2     | 2        | 0          | 0       | Archived | Anonymous       | Anonymous  | Anonymous    | 03/16/2018<br>00:20:37 |
| 49 Why are we only prioritizing one school for metal detectors. Are we protecting the fancy new building or our children?   | 1     | 1        | 0          | 0       | Archived | Anonymous       |            |              | 03/16/2018<br>00:20:43 |
| 50 Can we require parents or caregivers to attend trainings to recognize when their kids are at risk to self order others. It begins at home                      | 1     | 1        | 0          | 0       | Archived | Anonymous       | Anonymous  | Anonymous    | 03/16/2018<br>00:23:15 |
| 51 What is our role in de-stigmatizing mental health supports to communities who might not traditionally accept MH supports? How do we best do this?              | 2     | 2        | 0          | 0       | Archived | Anonymous       | Anonymous  | Anonymous    | 03/16/2018<br>00:23:19 |
| 52 Where would Social Emotional Learning fit in for students at school? Would students benefit from a tier 1 social emotional health type of curriculum?          | 1     | 1        | 0          | 0       | Archived | Anonymous       | Anonymous  | Anonymous    | 03/16/2018<br>00:24:07 |
| 53 Please put up an online forum to post questions other than email. You may get more if anonymity is an option. Also, please actively solicit student input!     | 0     | 0        | 0          | 0       | Archived | Anonymous       | Anonymous  | Anonymous    | 03/16/2018<br>00:25:16 |
| 54 Many parents disagree with the idea of "blanket MH screenings" because they feel that it violates rights. How can we as students dismantle this stigma?        | 0     | 0        | 0          | 0       | Archived | Maliya<br>Homer |            |              | 03/16/2018<br>00:26:44 |

FCPS -District Safety Advisory Council - SLIDO - Meeting #3 - March 15, 2018  
 Topic Mental Health

| Question text   | Score | Up votes | Down votes | Starred | Status   | User Name | User Email | User company | Submitted at           |
|---|-------|----------|------------|---------|----------|-----------|------------|--------------|------------------------|
| 55 Are you saying that a picture of a student with a firearm would warrant "investigation" based on the picture alone?With No stated threat? Kids are sportsmen too | 1     | 1        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:28:52 |
| 56 Recently Ed Comiss Dr. Pruitt spoke at Ky School Counselor Assooc Conf and stated, "All educators have to put socio-emo learning at the forefront of all we do." | 0     | 0        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:29:15 |
| 57 Agencies don't seem to share information enough. How can we possibly meet a student's needs working in silos? Think outside the silo. Build bold new systems.    | 1     | 1        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:29:15 |
| 58 So ditto on the question about Tier 1 instruction for socio emotional learning ...   | 1     | 1        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:30:23 |
| 59 Sharing threats with law enforcement may be the protocol, but where is responsible reporting to the school? How are the schools supposed to prepare/support?     | 0     | 0        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:35:45 |
| 60 Dr Bill Acme recently said the best way to detect guns going in schools is to install metal detectors  | 0     | 0        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:37:17 |
| 61 Even when making a report to Social Services (over the weekend). They won't act on it/ respond until Monday morning.   | 1     | 1        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:41:51 |
| 62 So...MH is a concern so long as it happens on a weekday?   | 1     | 1        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:42:23 |
| 63 FAIR teams were established as part of SB 200 (2015) to address students with status, misdemeanor or class D felony. The model should be extended to others.     | 0     | 0        | 0          | 0       | Archived | Anonymous | Anonymous  | Anonymous    | 03/16/2018<br>00:42:46 |

FCPS -District Safety Advisory Council - SLIDO - Meeting #3 - March 15, 2018

Topic Mental Health

| Question text |   | Up<br>Score | Down<br>votes | Starre<br>votes | d | Status   | User Name | User Email | User<br>company | Submitted at           |
|---------------|---|-------------|---------------|-----------------|---|----------|-----------|------------|-----------------|------------------------|
| 64            | Oliver Winston Behavior Urgent Care Clinic is on 1618 Harrodsburg Road 859-687-9563 ...   | 1           | 1             | 0               | 0 | Archived | Anonymous | Anonymous  | Anonymous       | 03/16/2018<br>00:46:31 |
| 65            | During the FAIR Team meetings is there an ROI on file that allows the information to be exchanged? It seems more beneficial for the client to be part be there. | 1           | 1             | 0               | 0 | Archived | Anonymous | Anonymous  | Anonymous       | 03/16/2018<br>00:50:22 |
| 66            | What tech solutions would securely, and within FERPA/HIPPA help agencies communicate across boundaries?   | 0           | 0             | 0               | 0 | Archived | Anonymous | Anonymous  | Anonymous       | 03/16/2018<br>00:52:28 |
| 67            | PE teacher Mary Kay Howard has been doing mindfulness classes to reduce anxiety at LHS since 2008! extraordinary! Kudos to FCPS for her recent PD for others!   | 0           | 0             | 0               | 0 | Archived | Anonymous | Anonymous  | Anonymous       | 03/16/2018<br>00:57:44 |
| 68            | FCPS and LFUCG partner to provide staff in two alternative programs. Why can't we see this more?  | 0           | 0             | 0               | 0 | Archived | Anonymous | Anonymous  | Anonymous       | 03/16/2018<br>01:02:47 |
| 69            | There is a division of law enf....why not have an in-house therapy division. That's an innovative way to break silos. Stop outsourcing, take care of our kids.  | 0           | 0             | 0               | 0 | Archived | Anonymous | Anonymous  | Anonymous       | 03/16/2018<br>01:31:25 |