

FCPS District Safety Council Meeting 3 - March 15
 Mental Health
 Post it note comments

SUMMARIES
POTENTIAL ACTION ITEMS
More counselors and support them
Mental health support in every school
Screening
Social media education
MAJOR TAKE-A-WAYS
More counselors
Mental health support in every school
Address social media with students

POTENTIAL ACTION ITEMS
Adopt social emotional learning curriculum at tier 1 2 3 second step-elementary
Annual psych screening
Ask and listen to our students
Counselor ratios are too high Push for funds = counselors
Develop a comprehensive resource list and keep it updated
Develop a life skills class that goes thru "a day" in the life of a teen sharing information about behavioral health, juvenile system, etc. social media
Develop a recourse book of all entities/community that provide adolescent behavior health services
Educate about services of social worker, counselors and school psychologist
Every student must be screened for mental health needs
Examine relationship with psychologist screening
For social emotional learning (screenings - interventions)
Gun questioning/ trying for doctors who treat youth. This questioning should be mandatory on every visit
Have each school have a see something/say something campaign. Include specifically Monday/Friday
Increase school-based clinics

Look at tools to identify through social media
Need more counselor
Recommend request mayor to provide community crisis response in addition to schools response
Review and adopt a screening process
Screening - how? - legality
Support HB 604
Teach students what to do when they see a gun: don't touch it, assume it's loaded, get away, and tell an adult
Universal background checks
We need a list of the resources available in order for us to know who to go to
We need more counselors in the school. We need to meet the 1-250 ratio
We need to find more mental health/in our schools at all levels

TAKE-A-WAYS
1/4 cup all teams will be a victim of some type of trauma
Alter curriculum to address issues with kids, i.e. negative impact on social media
attacks are not impulsive, they are planned
Better communication between students between parents, between families, between school staff, between community partners
Communicate to kids in the classroom how to respond to peers in trouble
Communication around mental health issues
Do students have a "go to" adult?
Education on negative effects of social media
Every student needs an adult friend in school – a "go to"
For immediate impact and service add mental health specialists at the school level to assist with addressing mental health issues
Freeing counselors
Fund more positions for counselors, social workers and psychologist
Have clinicians staffed at more schools
Have one hour after school location on each side of town 1 to 2 nights weekly
Hire more law-enforcement
If it disrupts the educational process, it's our business
Increase funds for school counselors
increase school counselors (1 per 250 students) - examine staff ratios
Kentucky biggest state with the most homeless youth
Kentucky has one of the highest rate of homeless teens - does not live with a biological parent Say something positive and be specific
Lack of funding cannot be an excuse
Let counselors be counselors

make schools aware that 16 is the age of consent for mental health services
Middle school high school access to Healthfirst
More access to counselors – – stick to counseling responsibilities
needed Hispanic and Afro American representation on this panel
Not enough counselors – one counselor for 800 students
Partner with physicians to have them screen their patients regularly fire arm safety
Partnerships and relationships are current things that have been discussed at every committee meeting by both speakers and committee members.
Percentages have increased with depression, anxiety etc.
Recommend guidance counseling ratio of 1 to 250 in schools
Screen every student annually
Screen kids after a traumatic event
Screening every student every year
Services need to be automatically provided or screened for students experiencing homelessness
Social media- we need to provide training on the proper use and impact of social media - for both the student and parent
Teachers now have cards in windows to show they are there to help students
The schools charge is too great
Violence is contagious

QUESTIONS
Do you think that medicine is the best option for teenagers dealing with mental health issues?
How are you going to assist and help teachers in the classroom in dealing with students that have mental health need?
How can we become more coordinated with MTSS?
How can we communicate that students can give consent to services at 16?
How can we make adjustments in staffing to help with mental problems?
How can we train on the importance of duty to warn?
How do we help students (elementary) manage their social, emotional, etc. stresses?
How do we hire more counselors with no funds?