



Calendar

October

10-4 to 10-5 Fall Break

10-8 Cooking Club 3:30

10-10 Walk to School Day

Young Men of Lansdowne 2:45-3:45

Chorus

Art Club 2:35-4:00

10/10-12 3rd Grade CogAT Testing & Iowa Achievement Test

10-15 Farm to Table Club 2:35-4:00

10-17 Chorus

Art Club 2:35-4:00

10-18 PTA Whole Child Day

Born Learning 5:30-7:00

10-19 Kindergarten-Evans Orchard

1st grade-LASC

4th grade-Ky. Equine Center

10-22 Cooking club 3:30

10-24 Chorus / Art Club 2:35-4:00

10-31 Art Club 2:35-4:00

Inside this Issue

Administration1
Academic Team2
LEAP2
PBIS3
Guidance3
Minds in Motion3
PE Quarters4
STEAM4

Leopard “SPOTTS”

Lansdowne Community,

Hello friends we are in full swing and the holidays will be upon us sooner than we know. I wanted to send you all a little message today about the two rules to success. I have this conversation with every class, every year and I hope it is making an impact on our student culture.

On my honeymoon I met a man who had been an elementary principal for 20 years and he told me that he was able to have tremendous success by breaking down his “rules” for every member of his school. He told me that these rules applied to the staff, students and himself too. He went on to tell me about how it seems like we can become inundated with so many rules and regulations that it is downright confusing for some of our younger students so he broke it down into only two rules that would govern the actions of his school, and community.

Be Nice
Do Your Best

I questioned him about the ordering of the rules and why is being nice before doing your best. He quickly reminded me that a loving school culture is the key to having great academic achievements. Put simply, before we concern ourselves with academics we must first create a safe and loving environment where students feel welcomed. Once we create the environment, then we can see the academic growth of our students bloom like flowers in the spring.

Unfortunately we live in a world dominated by negativity and divisiveness. In music, television, and movies; violence and being mean is celebrated. The influx of new technology has created new platforms for being mean and creating an unwelcoming environment. I want to encourage all parents to please be monitoring what our students are listening to, watching, and what they are doing on the internet. Many of our students think that what they see on TV is the way of life, what they see on the internet is how we are supposed to act. It is an issue that we are addressing often; your help and vigilance in this area will pay dividends toward the ultimate goal of helping your student achieve their absolute best!!

We hope that as the staff of the school we are modeling our two rules: being nice, and doing our best. We wholeheartedly believe that if we are nice to ourselves and others and are always doing our best there is no limit to what we can achieve.

Your partner in education,

Matt Spottswood



Hello families!

This year at Lansdowne we will be communicating with you all using our Positive Behavior Intervention and Support Corner or PBIS Corner in the monthly newsletter.

A highlighted feature in the monthly newsletter will be the school wide celebration, in which students will have to maintain 80% positive behavior, zero office discipline referrals, and attendance for the month in order to attend. This month we are planning extra time outside for free play for our students. Fingers crossed we dry out a little and get a chance to have some fun. The day is scheduled for this Friday so be sure to be here at school!

We have great news to report; in the first 28 days of school there are 11 office discipline referrals compared to 24 at this time last year, a 50% decrease!! Not only have we seen a dramatic decrease in office referrals; currently students has spent zero days in SAFE and zero days of suspensions! The students that we are called to support are usually back in class in less than 15 minutes. With this being said, the decrease in office discipline referrals, students being sent to SAFE, and other minor discipline issues are due to all Lansdowne teachers endless dedication to supporting all student needs. On top of our teacher's hard work, we are also using Class Dojo School wide; Class Dojo is an online behavior management system aimed to fostering student's positive behaviors in classrooms. We are also using CHAMPS in every classroom to make sure that every student is fully aware of the expectations as we transition from one activity to the next. We encourage you to ask your students at home about CHAMPS. If they can explain it well, then we are doing our job.



"Minds in Motion" at Lansdowne

Beginning, Monday, September 24, many of our classrooms at Lansdowne have embarked on a new journey by participating in a scientifically designed "Maze" every morning. This Maze is designed based on scientific data in order to activate the inner ear system, balance and the important connections to the body and mind that many of our youth today don't build because of their lack of time outdoors and doing physically challenging activities. The Maze only takes about 7-12 minutes every morning in the cafeteria. The setup is designed for classrooms to visit to challenge their balance and understanding of their bodies in time and space. It has been scientifically proven to improve student focus, academics, behavior, social skills, coordination and health. The students have been extremely excited about this additional opportunity to move every day, and the teachers are giving great feedback so far.

For more information about the Minds in Motion Program for schools, please visit:

www.mimlearning.com



Our Character is our Superpower!

What is character? Your character is who you really are inside yourself. You control the kind of person you want to be-no one else. Practicing good character allows for greater peace in your heart. Your character cannot be taken away from anyone but you. It involves how you deal with yourself and others. Good character equals more life success. It also allows us to keep our integrity in good and bad times. Gain peace in yourself by always practicing good character traits.

This past month we have been talking about the character trait of responsibility at school and home. Being responsible is one of our three school wide expectations: be safe, be respectful and be responsible. Responsibility means that we accept the results of our own actions. For October we our character trait will be respect. Respect means to show esteem and reverence, both for ourselves and others. It is these traits that students demonstrate to be selected and sent to our Character Café!!



