FCPS Project AWARE

Presentation
Project AWARE FCPS
SEA Grant

- FCPS State Education Agency Grant:
- Five Year Grant, ends 9/29/2019
- Two Components
  1. Addressing the mental health needs of children, youth, families/caregivers, and communities.
  2. Implementing YMHFA at both the state and local level.
FCPS SEA Grant Continued:
Component One Highlights:

- Provides full time Grant Coordinator
- Trauma Informed Care for Educator Trainings
- Support from the KY Partnership for Families and Children/KY Youth MOVE
- School Based Community Mental Health Services at all FCPS Schools and Programs
- Provides a Tier One SEL Curriculum
- Development of three one hour web-based Trauma Informed Care Training modules
- Support of PBIS efforts
- Development of a School Mental Health Referral Pathway
FCPS SEA Grant Continued:

Component Two Highlights:

- YMHFA Trainings covering all costs associated.
Youth Mental Health First Aid USA
FOR ADULTS ASSISTING YOUNG PEOPLE
What Is Mental Health First Aid?

Youth Mental Health First Aid is the help offered to a young person experiencing a mental health challenge, mental disorder, or a mental health crisis. The first aid is given until appropriate help is received or until the crisis resolves.

*Mental Health First Aid does not teach people to diagnose or to provide treatment.*
Comprehensive, Integrated, Three-Tiered Model of Prevention
(Lane, Kalberg, & Menzies, 2009)

Goal: Reverse Harm
Specialized Group Systems for Students At-Risk

Goal: Prevent Harm
School/Classroom-Wide Systems for All Students, Staff, & Settings

Goal: Reduce Harm
Specialized Individual Systems for Students with High-Risk

Tertiary Prevention (Tier 3)
≈ 5%

Secondary Prevention (Tier 2)
≈ 15%

Primary Prevention (Tier 1)
≈ 80%

PBIS Framework
Validated Curricula

Academic
Behavioral
Social-Emotional/Mental Health

District & State Standards
High Quality Instruction

Lane & Oakes
Behavior, Social Emotional and Mental Health Supports Offered by IAKSS:

- PBIS Training and Consultation
- Crisis Response Team
- CRTL Training
- Youth Mental Health First Aid Training
- Trauma Informed Care for Educator Training
- Title One Social Work Services
- School Based Community Mental Health Services at all schools and programs
- McKinney Vento Homelessness Services
- Threat Assessment Training
- Social Emotional Curricula Trainings
FCPS Contacts for Mental Health Services:

- **District:**
  - Velva Reed Barker-Coordinator of Social Work, ESS, School Guidance, and FRYSC, 381-4811
  - Diann Shuffett-Lead Psychologist, 381-4334
  - Doug Adams-Project AWARE Grant Manager, 381-4353
  - Jan Hatfield-Safe Schools Specialist, PBIS, 381-4311