



High School Menu 2016-2017



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
High School Menu	Pancake on a Stick Pillsbury Mini Bagels Whole Grain PopTarts Pineapple	Sausage & Gravy Pocket(P) Nutri-Grain/String Chs Glazed Breakfast Bun Mandarin Oranges	Chicken Biscuit Pillsbury Mini Bagels Whole Grain PopTarts Applesauce	Brkft Pizza(ssg/grvy) Cinnamon Roll w/icing Yogurt w/ Gripz Pears	Dutch Waffle w/ Syrup Pillsbury Mini Bagels Whole Grain PopTarts Peaches
1 & 2				LINE 1 - MENU	TGIF
Menu	Chicken & Dutch Waffle w/ Syrup Pulled Pork Po' Boy on Hoagie Brown Sugar-Glazed Carrots Straight Cut French Fries	Sweet Oriental Chicken w/ Steamed Rice Cowboy Sloppy Joe on Bun Fresh Veggie Cup Lima Beans Sweet Waffle Fries	Creamy Chicken Alfredo Pasta w/ Garlic Toast Stromboli - Pepp(P) Steamed Broccoli Crispy Potato Wedges	Bosco Sticks(V) side of Marinara Zesty Chicken Quesadilla LINE 2 - FIESTA BURRITO BAR Beef - Faj. Chicken- Pork Carnitas Celery Sticks Golden Corn Refried Beans & Salsa Mand. Oranges/Seasonal Frt* Fresh Baked Cookie	Chicken Nuggets w/ Fresh Baked Roll Crispy Fish Sandwich Confetti Cole Slaw Straight Cut French Fries (or) Mashed Potatoes Sweet Peas Applesauce/Seasonal Fruit*
3	Peaches/Seasonal Fruit*	Pears/Seasonal Fruit*	Pineapple/Seasonal Fruit*		
4		Fresh Baked Cookie			
Grill	Salad Bar with Local Lettuce	Salad Bar with Local Lettuce	Salad Bar with Local Lettuce	Salad Bar with Local Lettuce	Salad Bar with Local Lettuce
	Chicken Patty on Bun Hamburger/Cheeseburger Domino's - Cheese(V)/ Pepp.(P) Brown Sugar-Glazed Carrots Straight Cut French Fries Peaches/Seasonal Fruit*	Chicken Patty on Bun Hamburger/Cheeseburger ChickenChz on 9"wrap Lima Beans Fresh Veggie Cup Sweet Waffle Fries Pears/Seasonal Fruit* Fresh Baked Cookie	Chicken Patty on Bun Hamburger/Cheeseburger Domino's - Cheese(V)/ Pepp.(P) Steamed Broccoli Crispy Potato Wedges Pineapple/Seasonal Fruit*	Chicken Patty on Bun Hamburger/Cheeseburger Corn Dog Celery Sticks Golden Corn BBQ Baked Beans Mand. Oranges/Seasonal Frt* Fresh Baked Cookie	Chicken Patty on Bun Hamburger/Cheeseburger Domino's - Cheese(V)/ Pepp.(P) Confetti Cole Slaw Straight Cut French Fries or Mashed Sweet Peas Applesauce/Seasonal Fruit*
Week 2					
High School Menu	Pancake on a Stick Pillsbury Mini Bagels Whole Grain PopTarts Pineapple	Sausage Biscuit (P) Nutri-Grain/String Chs Glazed Breakfast Bun Mandarin Oranges	Chicken Biscuit Pillsbury Mini Bagels Whole Grain PopTarts Applesauce	Brkft Pizza(ssg/grvy) Cinnamon Roll w/icing Yogurt w/ Gripz Pears	Dutch Waffle w/ Syrup Pillsbury Mini Bagels Whole Grain PopTarts Peaches
1 & 2					TGIF
Menu	Spicy General Tso's Chicken w/ Steamed Rice Calzone - Meat(P) & Cheese(V) Brown Sugar-Glazed Carrots Straight Cut French Fries	Spaghetti (1 cup) w/ Meatsauce & Garlic Breadstick Grilled Chicken & Swiss on Bun Steamed Broccoli Sweet Waffle Fries	Popcorn Chicken w/ Roll Beef & Cheddar Melt Flatbread Veggie Dippers Green Beans Crispy Potato Wedges	Taco Nachos w/ Chips Pork Patty (P) w/ Gravy & Roll Fresh Cucumber Coins Golden Corn Refried Beans & Salsa	Chicken Strips Pollock Fish Nuggets Fresh Baked Roll Confetti Cole Slaw Macaroni & Cheese
3	Peaches/Seasonal Fruit*	Pears/Seasonal Fruit*	Pineapple/Seasonal Fruit*	Mand. Oranges/Seasonal Frt* Fresh Baked Cookie	Straight Cut French Fries Applesauce/Seasonal Fruit*
4		Fresh Baked Cookie			
Grill	Salad Bar with Local Lettuce	Salad Bar with Local Lettuce	Salad Bar with Local Lettuce	Salad Bar with Local Lettuce	Salad Bar with Local Lettuce
	Chicken Patty on Bun Hamburger/Cheeseburger Domino's - Cheese(V)/ Pepp.(P) Brown Sugar-Glazed Carrots Straight Cut French Fries Peaches/Seasonal Fruit*	Chicken Patty on Bun Hamburger/Cheeseburger Coney Island Hot Dog (P) Steamed Broccoli Sweet Waffle Fries Pears/Seasonal Fruit* Fresh Baked Cookie	Chicken Patty on Bun Hamburger/Cheeseburger Domino's - Cheese(V)/ Pepp.(P) Veggie Dippers Green Beans Crispy Potato Wedges Pineapple/Seasonal Fruit*	Chicken Patty on Bun Hamburger/Cheeseburger Real "Dill" Chicken Sandwich Fresh Cucumber Coins Golden Corn BBQ Baked Beans Mand. Oranges/Seasonal Frt* Fresh Baked Cookie	Chicken Patty on Bun Hamburger/Cheeseburger Domino's - Cheese(V)/ Pepp.(P) Confetti Cole Slaw Macaroni & Cheese Straight Cut French Fries Applesauce/Seasonal Fruit*

Tossed Side Salad Served Daily with Local KY Proud Lettuce

[USDA Nondiscrimination Statement](#)

High School Menu 16-17

1% & Fat Free Milk available at Breakfast and Lunch (1 cup). 100% Fruit Juice available at Breakfast (4oz) and Lunch (6.75oz).

*Go to Nutrislice website: <http://fayette.nutrislice.com/> - download App for Smartphone or Check with Manager on CARBS

2016	August		September		October		November
	10 11 12		1 2		3 4 5 6 7		1 2 3 4
15 16 17 18 19		5 6 7 8 9		10 11 12 13 14		7 8 9 10 11	
22 23 24 25 26		12 13 14 15 16		17 18 19 20 21		14 15 16 17 18	
29 30 31		19 20 21 22 23		24 25 26 27 28		21 22 23 26 27	
December		26 27 28 29 30		31		28 29 30	
	1 2	2017	January	February		March	
5 6 7 8 9		2 3 4 5 6			1 2 3		
12 13 14 15 16		9 10 11 12 13		6 7 8 9 10		6 7 8 9 10	
19 20 21 22 23		16 17 18 19 20		13 14 15 16 17		13 14 15 16 17	
26 27 28 29 30		23 24 25 26 27		20 21 22 23 24		20 21 22 23 24	
April		30 31		27 28		27 28 29 30 31	
	3 4 5 6 7	May		June			
10 11 12 13 14		1 2 3 4 5			1 2		
17 18 19 20 21		8 9 10 11 12		5 6 7 8 9			
24 25 26 27 28		15 16 17 18 19					
		22 23 24 25 26					
		29 30 31					



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