

Middle Menu 2016-2017

<http://fayette.nutrislice.com/>

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick Pillisbury Mini Bagels	Brkft Pizza(ssg/grvy) Whole Grain PopTarts	Chicken Biscuit Trix Yogurt w/ Gripz	Mini Pancakes Whole Grain PopTarts	Sausage Biscuit(P) Nutri-Grain/String Chs
Chicken Nuggets w/ Breadstick Homemade Grilled Cheese(V) Yogurt, Cheese stick, Crackers(V)  Mashed Potatoes Seasoned Green Beans Peaches*/Seasonal Fruit* Chef Salad*	Hamburger or Cheeseburger on Bun Chicken Pattie on Bun Uncrustable/Cheese/Crackers(V) Glazed Carrots French Fries Cucumber Coins Applesauce*/Seasonal Fruit* Chef Salad* Fresh Baked Cookie	Big Daddy Pizza, Pepp. or Cheese(V) Pulled Pork BBQ on Bun(P) Yogurt, Cheese stick, Crackers(V) Sweet Waffle Fries Corn Very Veggie Dippers Mand. Oranges*/Seasonal Fruit* Chef Salad*	Spaghetti& Meatsauce  w/Garlic Breadstick Corn Dog Uncrustable/Cheese/Crackers(V) Celery Sticks Broccoli Pineapple*/Seasonal Fruit* Chef Salad* Fresh Baked Cookie	Popcorn Chicken w/ Roll Crispy Fish Sandwich Yogurt, Cheese stick, Crackers(V) BBQ Baked Beans Roasted Lima Beans Fresh Baked Apples Pears*/Seasonal Fruit* Chef Salad*
Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick Pillisbury Mini Bagels	Brkft Pizza(ssg/grvy) Whole Grain PopTarts	Sausage Fundle(P) Trix Yogurt w/ Gripz	Chicken Biscuit Whole Grain PopTarts	Sausage Biscuit(P) Glazed Breakfast Bun
Taco Tuesday				
Calzone, Pepperoni or Cheese (V) Sloppy Joe on Bun Uncrustable/Cheese/Crackers(V) Mini Carrot Sticks Sweet Peas RF Doritos Pineapple*/Seasonal Fruit* Chef Salad*	Crunchy Taco Nachos Turkey & Ham Wrap Yogurt, Cheese stick, Crackers(V)  Refried Beans w/ Salsa Sweet Waffle Fries Peaches*/Seasonal Fruit* Chef Salad* Fresh Baked Cookie	Classsic Pizza(Pepp.)(P) & (Chz)(V) General Tso's Chicken & Rice Uncrustable/Cheese/Crackers(V) Very Veggie Dippers Corn Applesauce*/Seasonal Fruit* Chef Salad*	Hot Dog on Bun(P) Zesty Chicken Quesadilla Yogurt, Cheese stick, Crackers(V) Macaroni & Cheese Mixed Greens Celery Sticks Mixed Fruit* /Seasonal Fruit* Chef Salad* Fresh Baked Cookie	Chicken Strips w/ Roll Fish Sticks w/ Roll Uncrustable/Cheese/Crackers(V) Seasoned Potato Wedges Coleslaw Broccoli Pears*/Seasonal Fruit* Chef Salad* <b>Frozen Fruity Sidekick Cup</b>
Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick Pillisbury Mini Bagels	Brkft Pizza(ssg/grvy) Whole Grain PopTarts	Chicken Biscuit Trix Yogurt w/ Gripz	Mini Pancakes Whole Grain PopTarts	Sausage Biscuit(P) Nutri-Grain/String Chs
Brunch for Lunch				
Pulled Pork BBQ on Bun (P) Popcorn Chicken w/ Breadstick Yogurt, Cheese stick, Crackers(V) Sweet Waffle Fries Green Beans Man. Oranges*/Seasonal Fruit* Chef Salad*	Sausage & Eggs w/ Biscuit (P) Scr. Eggs w/ French Toast(V) Uncrustable/Cheese/Crackers(V) Little Tater Babies Fresh Baked Apples Pears*/Seasonal Fruit* Chef Salad* Fresh Baked Cookie	Big Daddy Pizza, Pepp. or Cheese(V) Chicken Pattie on Bun Yogurt, Cheese stick, Crackers(V) Broccoli Corn Peaches*/Seasonal Fruit* Chef Salad*	Corn Dog Hamburger or Cheeseburger on Bun Uncrustable/Cheese/Crackers(V) Macaroni & Cheese French Fries Cucumber Coins Pineapple*/Seasonal Fruit* Chef Salad* Fresh Baked Cookie	Crispy Fish Sandwich Chicken Nuggets w/ Roll Yogurt, Cheese stick, Crackers(V) BBQ Baked Beans Greens Glazed Carrots Applesauce*/Seasonal Fruit* Chef Salad*
Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick Pillisbury Mini Bagels	Brkft Pizza(ssg/grvy) Whole Grain PopTarts	Sausage & Fundle(P) Trix Yogurt w/ Gripz	Chicken Biscuit Whole Grain PopTarts	Sausage Biscuit(P) Glazed Breakfast Bun
Meatless Monday			Energy Saving Day - Sack Lunch	
Bosco Cheese Sticks(V) w/ side of Marinara Nacho Bites (V) Uncrustable/Cheese/Crackers(V) Broccoli Macaroni & Cheese Pears*/Seasonal Fruit* Chef Salad*	Sloppy Joe on Bun Chicken Strips w/ Roll Yogurt, Cheese stick, Crackers(V) Mashed Potatoes Seasoned Green Beans Peaches*/Seasonal Fruit* Chef Salad* Fresh Baked Cookie	Classsic Pizza(Pepp.)(P) & (Chz)(V) Oriental Chicken w/ Rice Uncrustable/Cheese/Crackers(V) Colorful California Vegetables Corn  Pineapple*/Seasonal Fruit* Chef Salad*	Sandwich Variety(24g)* <small>Winter Menu (Nov/Dec/Jan/ Feb/Mar)</small> Soup & WG crackers (or) Roll Hot Ham and Cheese (P) Yogurt, Cheese stick, Crackers(V) Mini Carrot Sticks Kid's Snack Mix (or) RF Doritos Fruit* Cookie	Crunchy Taco Nachos Fish Sticks w/ Corn muffin Uncrustable/Cheese/Crackers(V) Coleslaw Refried Beans w/ Salsa Sweet Waffle Fries Man. Oranges*/Seasonal Fruit* Chef Salad*

\*Chef Salad (Turkey, Turkey Ham, Ham, or Chicken Strips) served with WG crackers

\*Sandwich Variety (Turkey, Ham, Uncrustable, Yogurt/Cheese Stick)

\*Tossed Side Salad daily

\*Go to Nutrislice website: <http://fayette.nutrislice.com/> - download App for Smartphone or check with Manager on carbohydrates

USDA Nondiscrimination Statement

1% & Fat Free Milk available at Breakfast and Lunch (1 cup). 100% Fruit Juice available at Breakfast (4oz) and Lunch (6.75oz).

\*Domino's Pizza 1x/month (day varies by school)

2016	<b>August</b>		<b>September</b>		<b>October</b>		<b>November</b>
	10 11 12		1 2		3 4 5 6 7		1 2 3 4
	15 16 17 18 19		5 6 7 8 9		10 11 12 13 14		7 8 9 10 11
	22 23 24 25 26		12 13 14 15 16		17 18 19 20 21		14 15 16 17 18
	29 30 31		19 20 21 22 23		24 25 26 27 28		21 22 23 26 27
	<b>December</b>		26 27 28 29 30		31		28 29 30
		2017	<b>January</b>		<b>February</b>		<b>March</b>
	1 2		2 3 4 5 6				1 2 3
	5 6 7 8 9		9 10 11 12 13		1 2 3		6 7 8 9 10
	12 13 14 15 16		16 17 18 19 20		6 7 8 9 10		13 14 15 16 17
	19 20 21 22 23		23 24 25 26 27		13 14 15 16 17		20 21 22 23 24
	26 27 28 29 30		30 31		20 21 22 23 24		27 28 29 30 31
	<b>April</b>		<b>May</b>		27 28		
	3 4 5 6 7		1 2 3 4 5		<b>June</b>		
	10 11 12 13 14		8 9 10 11 12			1 2	
	17 18 19 20 21		15 16 17 18 19		5 6 7 8 9		
	24 25 26 27 28		22 23 24 25 26				
			29 30 31				

\*Energy Savings Days

Promotion Days

2016-2017  
Middle

- August 2016 Wild Watermelon Day
- September World Milk Day - September 28th
- October National School Lunch Week - October 10th-14th
- November Turkey Day
- December Snowflake Festival
- January 2017 Let's Celebrate the New Yr, KY Proud
- February Valentine's Day - February 14th
- March National School Breakfast Week - March 6th-10th
- April Earth Day 4/21/17
- May May"Berry" Day  
School Lunch Hero Day - May 5th

Local Farm Fresh Days to be determined  
Serving Local KY grown produce

Reminder: LENT begins Wed. March 1st-ends April 15th