



President's Message

Greetings All,

As we begin wrapping up the school year, the 16th District PTA Board would like to thank you for all your hard work and dedication.



Without your efforts, many of the activities, events, and resources would not be available to our students. As the largest volunteer child advocacy association in the nation, it is our job to remind everyone of the obligations we have to our children; to provide parents and families with a powerful voice to speak on behalf of every child; and to provide tools for parents to help their children be successful students. **YOU** are a powerful voice for **ALL** children and your contributions are greatly appreciated.

By now you should be wrapping up elections. Please send your new Board information to me as soon as possible. Communication is important for continuity and the continuation of our success, so please pass this newsletter on to all new officers. Encourage each of them to attend the luncheon and the board transition training this month. In addition, if your school needs individualized training please feel free to contact me. Remember, in order to be a successful PTA/PTSA Board we must continue to develop new leaders. Have a great month and **FINISH STRONG.**

Jessica Berry, President
16th District PTA

16th District PTA News

May 2010

16th District PTA Newsletter

If you have any questions or suggestions for the 16th District newsletter, please contact Jessica Berry, 16th District President, at jdberry@insightbb.com or Colleen Wolfe, 16th District Corresponding Secretary, at colleen.wolfe@insightbb.com.

The next district newsletter will be distributed June 1st. The deadline for submissions is May 20th.

Training Dates

The 16th District PTA Board is pleased to offer the following trainings to help prepare for next year. The locations for the July trainings will be announced in June.

- Board Transition Training
May 15th, 8:30a.m.-12:30 p.m.
Conference Room C, IAKSS.
- Audit & Tax training/help,
July 13th, 3:00 p.m.-7:00 p.m.,
by appointment.
- District Leadership Training,
July 31st, 8:00 a.m.-12:30 p.m.

Dates to Remember

- May 3 Winburn Family Fun Night
- May 3-7 Teacher & Staff
Appreciation Week
- May 7 Elementary and middle school
state testing window closes
- May 11 9th Grade Improvement Awards
- May 11-13 Middle school orientations, see
school website for specific date and time
- May 15 PTA Board Transition Training,
8:30 a.m.-12:30 p.m.
- May 15 Sandersville Elementary
5K & 1 Mile Fun Run, 8:15 a.m.
- May 18 No School (PD Day)
- May 20 16th District PTA Luncheon
- May 27 Weather make-up day,
School is in session
- May 28 Weather make-up day,
School is in session
- May 31 No School, Memorial Day
- July 13 Audit/Tax Training,
3:00 p.m.-7:00 p.m. by appointment
- July 16-17 KYPTA Convention/Leadership
- July 31 16th District Leadership Training,
8:00 a.m.-12:30 p.m.

Information regarding above events can be found at <http://calendars.fcps.net/> and <http://www.kypta.org/>.

Graduation Dates

Fayette County Public Schools has announced the 2010 high school graduation dates.

Thursday June 3:
4 p.m. – Bryan Station High School
7 p.m. – Tates Creek High School

Friday June 4:
1 p.m. – Henry Clay High School
4 p.m. – Lafayette High School
7 p.m. – Paul Laurence Dunbar High School

All five graduation ceremonies will be held in Rupp Arena. For more information, call the senior's school or the FCPS high school director's office at 381-4233.



Are You On the List? Bylaws Updates Needed

All local PTAs must review their bylaws and submit them for approval to the Kentucky PTA every five (5) years to remain in good standing and be eligible for such things as awards and Reflections. The following schools have bylaws that are expired or up for renewal during the 2010-2011 school year:

- Bryan Station High - May 2008
- Northern Elementary – Oct. 2009
- Arlington Elementary - January 2010
- Jessie Clark Middle - March 2010
- Garden Springs Elem. - April 2011
- James Lane Allen Elem. - April 2011
- Lafayette High - May 2011

If one of your schools is listed above or if you have questions, please contact bylaws co-chair Karen Irving at kirving@lexlaw.us.

Jamie Oliver and PTA Team Up to Fight Childhood Obesity

Renowned chef and TV personality Jamie Oliver is determined to start a food revolution and change the way America eats in our home kitchens, schools and workplaces. Nearly one-third of American children are either overweight or obese (Ogden, et al. 2010). The obesity epidemic is so great that it may actually reduce the life



expectancy of today's generation of children. Jamie Oliver and PTA are proud to provide a [toolkit for parents](#) and families to give them the tools and information they need to eat healthy and to be active together.

Source: National PTA Parent Newsletter, April 2010

Teacher & Staff Appreciation Week May 3-7

Remember all that your teachers and school staff do for the kids in your school. During this special week, plan to show them how much they are appreciated!

Find ideas at:

http://www.pta.org/teacher_appreciation.asp

Membership Notes

Our annual membership total for the 16th District is 10,661 members. We have members from 49 units (schools). Thank you for everything you did this year with membership!

The final results from the State regarding membership are as follows:

- 18 schools had an increase over last year
- 15 schools had a 6% increase
- 9 schools had an 11% increase
- 6 schools met the President's Challenge
- 1 school met the Board of Directors' Challenge

Celebrate your PTA's/PTSA's accomplishments - Make sure all records are in order and accurate - Turn over all records to next year's membership chair or president; include: accurate financial accounting of numbers of members and amount of dues sent to state office and district; outline of the year's planning and those responsible for each activity; a list of membership committee's names, addresses, phone numbers; evaluation of this year and recommendations for next year.

Source: Kentucky PTA Leaders' Notebook for PTAs and PTSAs - Part VI - Membership pg. 7

Please contact Kathy Smiley at katkat1@att.net if you have any membership questions.

Parent Involvement Calendar from KYPIRC

The goal of the Kentucky Parent Information and Resource Center (KYPIRC) is to enhance parent involvement in their children's education for the purpose of improving student academic achievement. Find the latest Parent Involvement calendar, as well as loads of information on parent involvement, on the homepage of their website at www.kypirc.org

Money Management Tools for Kids



"Dad Cents" author Shane Barkley says the first money management tools kids should learn are character traits, which also apply to other areas of life such as academics:

- Ownership – For kids, understanding their ownership role with money plays a role in how they treat their family and others.
- Managing – Managing is the active part of ownership. Give your kids an allowance so they can begin to learn how to utilize the money.
- Accountability – Give your kids responsibility with money and hold them accountable.
- Generosity – Your children must learn to think of others with their money.
- Faithfulness – Following through with what you say you are going to do.
- Discipline – Teach children to resist the temptation of quick pleasure versus hard work to attain a higher goal.
- Contentment – Teach your children to be happy with the material possessions they have.

For more information on money management techniques for kids, see the full article at http://www.pta.org/money_management_for_kids.htm.

Source: National PTA Newsletter, April 2010

Reflections Theme 2010-2011: "Together We Can"

Start planning your 2010-2011 Reflections Program now. The 16th District 2010-2011 Reflections deadline will be October 21, 2010. Look for more Reflections information at the 16th District PTA Leadership Training on July 31st. Plan early to have your chairperson attend.

Bullying Happens!

Strategies for Handling Bullies

"Many of us can remember back to the hurt bullies caused to us or people we knew. As parents, we want to protect our children from experiencing this pain. One of the most important things we can do is to teach our children how to respond if they are bullied.

***Look the person in the eye.** Eye contact shows confidence and strength. If eye contact with the bully is too difficult, suggest looking at an area very close to the eyes.

***Use body language that communicates strength and seriousness** -- head up, back straight, arms down in front or on the side of the body and feet at shoulder width.

***Use a steady tone and speak clearly.** It is essential to speak loud enough for the bully to hear. Some children choose to speak loud enough to get the attention of a nearby adult.

***Make short statements that are to the point,** such as, "Stop!" or, "Leave me alone." Then walk away from the bully and, if possible, turn away."

Read the whole article by Mike Dreibratt and Steve Breakstone at http://www.tweenparent.com/articles/print_version/236.

Source: Mike Dreibratt and Steve Breakstone in TweenParent.com e-newsletter.

4th Annual KYPTA Convention/Leadership

The 4th annual Kentucky PTA Convention/Leadership will be held July 16th -17th. This year there will be over 50 workshops! In addition, Byron Garrett-CEO of National PTA will be in attendance.

Also at the conference, the district presidents will be announcing membership awards for the schools in their district. They will hold a district lunch meeting (sharing time) on Friday, July 16th for attendees. You don't want to miss it! Remember, if you register by May 31st the registration fee is only \$100! Click here for the [Registration form](#). And don't forget to make your hotel reservations. Detailed information can be found at www.kypta.org.

National PTA Convention

The national PTA convention is being held in Memphis, TN. The convention and exhibition runs from June 10th-13th. The deadline for advance registration is May 14th. After that date registration will be on-site.

Join thousands of parents, teachers, students, and leaders who come to national convention each year to enhance their skills, connections, and success!

- ◇ Education—choose from 50+ workshops
- ◇ Exhibits—visit more than 200 exhibits
- ◇ Issues—raise your voice on national business and emerging issues
- ◇ Resources—gather 100s of ideas, handouts, and giveaways
- ◇ Connections—interact with 1,000s of other PTA leaders from around the country
- ◇ Memphis—stay and play in the home of the blues and the birthplace of rock 'n' roll!

For more info and registration, go to www.pta.org.

Children Make a Stand For Homeless Kids . . . With LemonAiD!

In July 2009, nearly 2,000 caring kids answered the call to help homeless children in the Bluegrass. Six-year-old Kaylyn was one of the amazing kids who sold lemonade and donated the proceeds to The Salvation Army. Kaylyn spent three days in the summer heat proudly shouting out to cars passing by, "Lemon AiD!" Kaylyn's mom Lisa said, "LemonAiD is a great way for us to teach our children how to reach out, help those less fortunate, and give back to our community. We are very proud of Kaylyn's efforts!"

The Salvation Army uses LemonAiD funds to provide for the needs of children staying at the Emergency Shelter. Last year nearly thirty percent of individuals sheltered were children. The 2009 LemonAiD Campaign raised \$43,540.65.



Get involved with LemonAiD Days July 4th – July 29th. Find more info at www.LemonAiDdays.org

Some Handy Links

Loads of information going on in Fayette County schools can be found on the website at www.fcps.net.

PTA information can be found on these sites:

- <http://www.fcps.net/partners/pta>
- <http://www.kypta.org/>
- <http://www.pta.org/>

This month's edition of Our Children...Our Future, the Kentucky PTA bulletin, can be found at <http://kypta.org/uploads/58/File/May%202010%20bulletin.pdf>

Date: 05/15/2010

PTA Transition Training!

Time: 8:30-12:30

Come old, come new! 16th District PTA has an action packed morning planned to help you get your upcoming PTA year underway. Come learn about how PTA works, what are some of the most important things to think about, the importance of bylaws and much more. All officers and Reflections Chairs are strongly encouraged to attend and everyone is welcome.

- *De-mystifying Bylaws*
- *What does everyone do?*
- *Resources available*
- *Planning for your PTA year*
- *And more!*

IAKSS Conference Room C
701 East Main Street

You **must pre-register** for this event by e-mailing or calling
Liza Holland 533-3038
Liza@LizaHolland.com

Just give us a number attending so we can plan accordingly!

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