

Health / Lifestyle

Massage Envy Spa:

Want to enjoy the therapeutic and stress-relieving benefits of massage therapy? All FCPS employees are eligible for our Corporate Wellness Program discounts. Our licensed therapists specialize in all modalities of massage; Swedish, Deep Tissue, Trigger-point, Sports, Myofascial, Pre-natal, and Reflexology. We offer Hot Stone, Pro Heat Therapy, and Aromatherapy! We are open 88 hours per week; M-F 8am-10 pm. Sat 8 am-6 pm. Sun 10 am-6 pm.

You can visit Massage Envy for a single massage session, or join our Wellness Program to receive regular massage.

Membership in our Wellness Program lets you enjoy all the benefits of a therapeutic massage or Murad Healthy Skin facial on your schedule. As a member (\$54 per month), you'll receive a customized one-hour massage session every month, (if you are unable to use the free session, it carries over - you never lose it as long as you are a member!) and any additional visits throughout the month for only \$39 per hour! Additional Program Benefits include: family add-ons at just \$49 per month, free massage through member referral program, and your membership is good at any of our over 600 locations nationwide.

Massage Envy offers four signature Murad Healthy Skin facials to help improve your complexion while decreasing visible signs of aging. Facials are just a \$10 upgrade. Choose from our Clarifying Enzyme Acne facial, Sensitive Skin facial, AHA Rapid Exfoliator Anti-Aging facial, or Environmental Shield Vitamin C Infusion facial.

As a Corporate Member, you may utilize our on-site chair massage; Corporate Rate of \$45/chair/hour. Also, you may purchase our Corporate Gift Card; \$49 per hour (must be purchased with company credit card or company check).

Introductory Special - Enjoy your first customized One-Hour massage session for only \$49.00!

Call 859-258-2200, mention that you are a FCPS employee, or visit our web-site at <http://www.massageenvy.com/clinics/KY/Hamburg.aspx>