



Community Resource Guide for Alcohol and Drug Evaluation and Treatment

Dear Parent/Guardian,

This packet is to provide important drug and alcohol information and to assist you in locating the appropriate resources in our community that would be most beneficial for your child. The following information is provided:

1. The Fayette County Board of Education Student Code of Conduct policy regarding alcohol, drugs and intoxicating substances
2. Local options for an evaluation and treatment regarding drug use, abuse and dependency
3. Local options for drug screenings.
4. General alcohol and drug information

According to the Fayette County Board of Education policy, a student who violates the alcohol and/or drug policy, for the first time, will be suspended for ten (10) days. This policy will be enforced for students who are in possession, use, under the influence of alcohol, drugs, or other intoxicating substances. Students may postpone five (5) of these days by obtaining, at their own expense, an alcohol/drug evaluation. The student, along with their family, will seek an evaluation from a qualified Alcohol and Drug Counselor to assess the student's level of drug and alcohol use or dependency. We encourage you to take advantage of this option which would provide you with further information regarding your child's drug and alcohol usage and treatment needs at this time. An evaluation will help determine what type of or level of treatment may be beneficial for your child. (See attached policy for second/third offense and sale or transfer)

A written statement must be obtained from the provider to confirm that an evaluation has been completed or proof that an appointment has been scheduled. This is required to postpone the five (5) days of suspension before your child may return to school. Failure to complete the scheduled evaluation will result in reinstatement of the postponed five (5) days of suspension. Most evaluation centers are able to schedule your appointment in a timely manner.

An equal opportunity school district

**Fayette County Board of Education
Student Code of Conduct Policy
Alcohol, Tobacco and Intoxicating Substances**

**VII. ALCOHOL, DRUGS, AND
INTOXICATING SUBSTANCES**

No student shall possess, use, be under the influence of, sell, or transfer alcoholic beverages, narcotics, drugs, counterfeit drugs, look-alike drugs, or other intoxicating substances, nor possess, sell, or transfer drug paraphernalia on school property, en route to or from school, or at any location of a school-sponsored activity. **Due to the differences in maturity of elementary students, elementary Principals may enforce drug, alcohol, and intoxicating substance policies in a less restrictive manner than is outlined in this section.**

Drugs defined: Controlled substance means any substance or immediate precursor listed in Chapter 218A of the Kentucky Revised Statutes or any other substance which may be added by the Kentucky Cabinet for Families and Children under regulations pursuant to KRS 218A.020 or KRS 217.900(2). **Use of medications prescribed or ordered by a physician or dentist (Policy 09.2241) shall not be considered a violation of this policy.**

1. **First Offense - Possession, Use, or Under the Influence** -A first offense for possession, use, or being under the influence shall result in a ten (10) day suspension. Five (5) days of this suspension shall be held postponed and not enforced for the remainder of the school year, if the family, at its expense:

- (a) Seeks an evaluation of the student's alcohol or drug usage from a qualified chemical dependency counselor acceptable to the school district, and the student completes or shows a good faith effort to complete any and all treatment as recommended in the evaluation. Written confirmation by the provider of the completed evaluation or evaluation appointment is required when returning to school; **and**

- (b) Agrees to meet other specified conditions as required by the school following the evaluation.

Failure to complete the conditions shall result in the reinstatement of the postponed five (5) days of suspension. Recommended evaluation shall be completed within thirty (30) days of the first day of suspension. The days a student is in **treatment** for chemical dependency at recognized facilities shall be excused absences.

2. **Second Offense - Possession, Use, or Under the Influence**-A second offense for possession, use, or being under the influence shall result in a ten (10) day suspension. Five (5) days of this suspension shall be postponed and not enforced for the remainder of the school year, provided the family demonstrates a good faith effort to comply with the option allowed for a first offense and, the family, at its expense:

- (a) Seeks an evaluation of the student's alcohol or drug use from a qualified chemical dependency counselor acceptable to the school district, and completes or shows a good faith effort to complete any and all treatment as recommended in the evaluation; **and**

- (b) Presents written confirmation by the provider of the evaluation or evaluation appointment when returning to school; **and**

(c) Agrees to meet other specified conditions as required by the school following the evaluation.

Failure to complete the conditions shall result in the reinstatement of the postponed five (5) days of suspension.

3. **Third Offense - Possession, Use, or Under the Influence** - A third offense for possession, use, or being under the influence shall result in an immediate ten (10) day suspension and a referral for expulsion to the Superintendent from the Principal.
4. **Sale or Transfer** - The sale or transfer of, or the intent to sell or transfer, alcoholic beverages, narcotics, drugs, counterfeit drugs, look-alike drugs, or other intoxicating substances shall result in an immediate ten (10) day suspension and a referral for expulsion to the Superintendent from the Principal.

Parents and students are encouraged to participate in education sessions specific to the offense, at the parents' expense. For information about specific education sessions, contact the Safe Schools Office at 381-4223.

Alcohol and Drug Evaluation

The Fayette County Public Schools policy allows a parent/guardian to postpone five (5) days of the required ten (10) day suspension if the parent/guardian, at their expense, chooses to obtain a chemical dependency evaluation and shows a good faith effort to complete any and all treatment recommendations. (See FCPS alcohol, drugs and intoxicating substance policy)

What is an alcohol and drug evaluation?

A chemical dependency evaluation will require an interview session with a qualified alcohol and drug counselor. (See attached resources) The process may take from one to two hours depending on the process used by the counselor. The counselor will interview with the student and family regarding current drug use, academic, social, developmental, and medical history, mental health concerns, changes in behavior over the past few years etc. After the session is complete, the counselor will make recommendations regarding treatment and/or education for your child. This may range from alcohol and drug education, outpatient counseling, drug testing and/or hospitalization. The Fayette County policy states that a student must show a good faith effort to complete any and all treatment as recommended in the evaluation.

A written statement must be obtained from the provider to confirm that an evaluation has been completed or proof that an appointment has been scheduled. This is required to postpone the five (5) days of suspension before your child may return to school. Failure to complete the scheduled evaluation will result in reinstatement of the postponed five (5) days of suspension. Most evaluation centers are able to schedule your appointment in a timely manner.

Resources for Alcohol and Drug Evaluations and Treatment

The following are resources in the community that can provide an alcohol and drug evaluation and treatment. This listing is a compilation only and does not endorse any one organization or program.

Name	Phone #	Address	Web
Bluegrass Prevention Center	(859) 225-3296	PO Box 13670 Lexington, KY 40586	www.bluegrass.org This resource is for parents interested in a screening for the Early Intervention Program.
Family Counseling Services	(859) 233-0033	1321 Trent Blvd. Lexington, KY 40517	www.familycounselingky.org
Morton Center	(859) 373-0077	2467 Regency Rd. Suite 107 Lexington, KY 40503	www.themortoncenter.org
Ridge Behavioral Health System	(859) 268-6400	3050 Rio Dosa Drive Lexington, KY 40509	www.ridgebhs.com
Teen POP (Primary Outpatient Program)	(859) 255-6607	1155 Red Mile Place Coleman House Lexington, KY 40504 (Off Red Mile Road)	
University of KY Adolescent Medicine	(859) 323-5643	740 South Limestone Dept. of Pediatrics KY Clinic Lexington, 40536	

Individual Professional Counselors

The following are resources in the community that can provide an alcohol and drug evaluation and treatment. This listing is a compilation only and does not endorse any one organization or program.

Name	Phone #	Address	Web
The Offices of Dalton, Paul CADC	(859) 338-0466	501 Darby Creek Road #14 Lexington, KY 40517	www.ezcounseling.com
Durham, Robert CADC	(859) 223-9345	3121 Wall Street Lexington, KY 40513	

What is a drug test or screen?

A certified laboratory may screen for the presence of drugs in the body. A urine sample is taken at the lab in total privacy with confidentiality assured. Certified labs are very accurate in their testing and usually confirm results with the original sample.

1. Certified labs require an identification picture.
2. Parent permission is necessary if the student is under age 18.
3. A ten panel screen is the most common, which screens for the ten most commonly abused street and prescription drugs.
4. Provide the lab with the name of any drugs that have been prescribed to your child by a physician, as these may affect the outcome of the screening (i.e. ritalin, hydrocodone etc.)

Certified Labs

The following list provides options of locations that will be able to provide a drug screening for your child. These are suggestions only to help guide you through the process.

Name	Phone #	Address	Web
Forward Edge Associates	(859) 263-0711	155 Prosperous Place, Suite 1A Lexington, KY 40509	www.forwardedge.net
AccuDiagnostics	(859) 971-8378	3439 Buckhorn Dr. #130 Lexington, KY 40515	www.accudiagnostics.com

General Drug Information

Adolescence is a time of change and upheaval. This can be a challenging time as you watch your children grow independent, make decisions and develop into young adults. During this difficult time, parents are the most important influence in their child's life. You can help your child navigate this exciting, but stressful time. Teens may begin to experiment with alcohol, drugs and other intoxicating substances. There are many physical, social, emotional and health concerns regarding adolescent drug and alcohol use. Parents need to set clear expectations on adolescent drug and alcohol use to avoid many of the possible dangers. Alcohol and marijuana facts are listed below along with web addresses that can provide further information.

Alcohol

- People who begin drinking before the age of 15 are four times more likely to develop alcohol dependence than those who wait until age 21. 40% of those who start drinking before the age of 15 meet criteria for alcohol dependence at some point in their lives.
- Adolescents who drink heavily assume the same long-term health risks as adults who drink heavily. This means they are at increased risk of developing cirrhosis of the liver, pancreatitis, hemorrhagic stroke, and certain forms of cancer.
- Adolescents who drink are more likely to be harmed in car accidents, falls, drowning, etc.
- Adolescents who use alcohol are more likely to become sexually active, which places them at greater risk of HIV infection and other sexually transmitted diseases.
- One study showed that students diagnosed with alcohol abuse were four times more likely to experience major depression than those without an alcohol problem.
- Alcohol use among adolescents has been associated with considering planning, attempting, and completing suicide.
- Research indicates that the human brain continues to develop into a person's early 20s and that exposure of the developing brain to alcohol may have long-lasting effects on intellectual capabilities and may increase the likelihood of alcohol addiction
- Alcohol is a leading contributor to injury death for persons under 21. Each year about 1900 persons under 21 die in motor vehicle crashes that involve underage drinking.
- Alcohol is also involved in about 1600 homicides and 300 suicides among persons under age 21.
- Among college students under age 21 alone, 50,000 experience alcohol-related date rape, and 430,000 are assaulted by another student who has been drinking.
- It is against the law to allow, aid or assist a minor (under 21) to be in possession of alcohol.

Marijuana

- Research shows that marijuana use can lead to addiction. Each year, more kids enter treatment with a primary diagnosis of marijuana dependence than for all other illicit drugs combined
- Marijuana is the most widely used illicit drug among youth today and is more potent than ever. Marijuana use can lead to a host of significant health, social, learning, and behavioral problems at a crucial time in a young person's development.
- Getting high also impairs judgment, which can lead to risky decision making on issues like sex, criminal activity, or riding with someone who is under the influence of drugs or alcohol.
- Getting high also contributes to general apathy, irresponsible behavior, and risky choices.

For more information:

www.drugabuse.gov/drug/pages/

www.theantidrug.com

