Week 1

Lexington Day Treatment, Family Care Center, Stables, TLC menu for 2016-2017

http://fayette.nutrislice.com/

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick	Sausage & Gravy Pocket (P)	Chicken Biscuit	Brkft Pizza(ssg/grvy)	Dutch Waffle w/ Syrup
Pillisbury Mini Bagels	Nutri-Grain/String Chs	Pillisbury Mini Bagels	Nutri-Grain/String Chs	Pillisbury Mini Bagels
Whole Grain PopTarts	Glazed Breakfast Bun	Whole Grain PopTarts	Trix Yogurt w/ Gripz	Whole Grain PopTarts
Pineapple	Mandarin Oranges	Applesauce	Pears	Peaches
				TGIF
Chicken & Dutch Waffle w/ Syrup	Oriental Chicken w/ Steamed Rice	Domino's Pizza Chz or Pepp.(29g)(P) Ssg=(30g)(P)	Corn Dog	Pollock Fish Nuggets w/ Roll
Hamburger/Cheese on Bun(28g)	Pulled Pork Po' Boy on Hoagie	Cold Deli Sandwich Variety	Stromboli - Pepp(P)	Chicken Patty on Bun
Brown Sugar-Glazed Carrots	Celery Sticks	Golden Corn	Fresh Veggie Cup	Confetti Cole Slaw
Straight Cut French Fries	Steamed Broccoli	Crispy Potato Wedges	Sweet Waffle Fries	Straight Cut French Fries
	Baked Beans			Sweet Peas
Peaches/Seasonal Fruit*	Pears/Seasonal Fruit*	Pineapple/Seasonal Fruit*	Mand. Oranges/Seasonal Frt*	Applesauce/Seasonal Fruit*
	Fresh Baked Cookie		Fresh Baked Cookie	

Week 2

TLC Menu 2015/2016

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick	Sausage Biscuit (P)	Chicken Biscuit	Brkft Pizza(ssg/grvy)	Dutch Waffle w/ Syrup
Pillisbury Mini Bagels	Nutri-Grain/String Chs	Pillisbury Mini Bagels	Nutri-Grain/String Chs	Pillisbury Mini Bagels
Whole Grain PopTarts	Glazed Breakfast Bun	Whole Grain PopTarts	Trix Yogurt w/ Gripz	Whole Grain PopTarts
Pineapple	Mandarin Oranges	Applesauce	Pears	Peaches
				TGIF
Spicy General Tso's Chicken w/ Steamed Rice	Spaghetti (1 cup) w/ Meatsauce & Garlic Breadstick	Domino's Pizza Pepp(P) Ssg(P)	Bosco Sticks(V) side of Marinara	Chicken Strips w/ Roll
Calzone - Meat(P) & Cheese(V)	Grilled Chicken & Swiss on Bun	Cold Deli Sandwich Variety	Taco Nachos w/ Chips	Pollock Fish Sandwich
				Cole Slaw
Steamed Broccoli	Fresh Cucumber Coins	Celery Sticks	Sweet Waffle Fries	Mashed Potatoes
Straight Cut French Fries	Brown Sugar-Glazed Carrots	Golden Corn	Refried Beans & Salsa	Sweet Peas
Peaches/Seasonal Fruit*	Pears/Seasonal Fruit*	Mand. Oranges/Fruit*	Mand. Oranges/Seasonal Fruit*	Applesauce/Seasonal Fruit*
	Fresh Baked Cookie		Fresh Baked Cookie	

Tossed Side Salad Served Daily

USDA Nondiscrimination Statement

1% & Fat Free Milk available at Breakfast and Lunch (1 cup). 100% Fruit Juice available at Breakfast (4oz) and Lunch (6.75oz).

*Go to Nutrislice website: http://fayette.nutrislice.com/ - download App for Smartphone or check with Manager on carbohydrates

2016 August				
		10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

September				
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

October				
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

November				
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	26	27
28	29	30		

December				
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

2017 January				
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			

February				
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28			

March				
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

April				
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

May				
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		

June				
			1	2
5	6	7	8	9

2016-2017