# SCAPA Menu 2016-2017

| Week 1 - Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Pancake on a Stick | Brkft Pizza(ssg/grvy) | Chicken Biscuit | French Toast Bites | Sausage Biscuit(P) |
| Pillisbury Mini Bagels | Whole Grain PopTarts | Trix Yogurt w/ Gripz | Cinnamon Roll | Whole Grain PopTarts |
| | Taco Tuesday | | | |
| Hot Dog on Bun | Taco Nachos | Sweet Oriental Chicken & Rice | Chicken Strips w/ Roll | Big Daddy Pizza, Pepperoni or Cheese(V) |
| Bosco Cheese Sticks(V) w/ marinara | Chicken Pattie on Bun | Cowboy Sloppy Joe on Bun | Hot Ham & Cheese Melt on Bun | Grilled Chicken Sandwich |
| Uncrustable/Cheese/Crackers(V) | Yogurt, Cheese stick, Crackers(V) | Uncrustable/Cheese/Crackers(V) | Yogurt, Cheese stick, Crackers(V) | Uncrustable/Cheese/Crackers(V) |
| | | Cucumber Coins | | |
| Sweet Waffle Fries | Fiesta Refried Beans & Salsa | Glazed Carrots | Veggie Dippers | Confetti Coleslaw |
| Green Beans | Broccoli Bites | Baby Lima Beans | Baked Potato Wedges | Golden Corn |
| Peaches/Seasonal Fruit | Applesauce/Seasonal Fruit* | Pears/Seasonal Fruit* | Pineapple/Seasonal Fruit* | Mand. Orange/Seasonal Fruit* |
| Chef Salad* | Chef Salad* | Chef Salad* | Chef Salad* | Chef Salad* |
| | Cookie | Frozen Fruity Sidekick Cup | Cookie | |
| **Week 2 - Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Pancake on a Stick | Brkft Pizza(ssg/grvy) | Chicken Biscuit | Mini Pancakes | Sausage Biscuit(P) |
| Pillisbury Mini Bagels | Trix Yogurt w/ Gripz | Whole Grain PopTarts | Pillisbury Mini Bagels | Nutri-Grain/String Chs |
| | Brunch for Lunch | | | |
| Hamburger or Cheeseburger | Sausage & Eggs w/ Biscuit(P) | Popcorn Chicken w/ Roll | Spaghetti & Meatsauce w/ G. Breadstick | Calzone, Pepperoni or Cheese (V) |
| Gr. Chicken/Chz on 8" Wrap | Scr. Eggs w/ French Toast(V) | Corn Dog | Turkey & Cheese on Bun | Grilled Chicken Sandwich |
| Yogurt, Cheese stick, Crackers(V) | Uncrustable/Cheese/Crackers(V) | Yogurt, Cheese stick, Crackers(V) | Uncrustable/Cheese/Crackers(V) | Yogurt, Cheese stick, Crackers(V) |
| | Little Tater Babies | Crispy Crunchy Celery Sticks | | Macaroni & Cheese |
| Green Beans | Fresh Baked Apples | California Vegetables | Fresh Mini Carrot Sticks | Golden Corn |
| French Fries | | BBQ Baked Beans | Broccoli Bites | Sweet Waffle Fries |
| Pineapple/Seasonal Fruit* | Peaches/Seasonal Fruit* | Pears/Seasonal Fruits* | Mixed Fruit/Seasonal Fruit* | Applesauce/Seasonal Fruit* |
| Chef Salad* | Chef Salad* | Chef Salad* | Chef Salad* | Chef Salad* |
| | Cookie | | Cookie(18g) | |
| **Week 3 - Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Pancake on a Stick | Brkft Pizza(ssg/grvy) | Chicken Biscuit | French Toast Bites | Sausage Biscuit(P) |
| Pillisbury Mini Bagels | Whole Grain PopTarts | Trix Yogurt w/ Gripz | Cinnamon Roll | Whole Grain PopTarts |
| | Taco Tuesday | | | |
| Homemade Grilled Cheese(V) | Taco Nachos | Hot Dog (P) | Chicken Drumstick w/ Roll | Big Daddy Pizza,Pepperoni or Cheese(V) |
| Chicken Strips w/ Roll | Pulled Pork BBQ on Bun(P) | Chicken Pattie on Bun | Bosco Cheese Sticks(V) with marinara | Grilled Chicken Sandwich |
| Uncrustable/Cheese/Crackers(V) | Yogurt, Cheese stick, Crackers(V) | Uncrustable/Cheese/Crackers(V) | Yogurt, Cheese stick, Crackers(V) | Uncrustable/Cheese/Crackers(V) |
| | | RF Doritos | Veggie Dippers | |
| Glazed Carrots | Feista Refried Beans & Salsa | Baby Lima Beans | Mashed Potatoes | Confetti Coleslaw |
| Broccoli | Cucumber Coins | Sweet Waffle Fries | Greenbeans | Golden Corn |
| Peaches/ Seasonal Fruit* | Applesauce/Seasonal Fruit* | Pears/Seasonal Fruit* | Pineapple/Seasonal Fruit* | Man. Oranges/Seasonal Fruit* |
| Chef Salad* | Chef Salad* | Chef Salad* | Chef Salad* | Chef Salad* |
| | Cookie | | Cookie | Man. Oranges/Seasonal Fruit* |
| **Week 4 - Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Pancake on a Stick | Brkft Pizza(ssg/grvy) | Chicken Biscuit | Mini Pancakes | Sausage Biscuit(P) |
| Pillisbury Mini Bagels | Trix Yogurt w/ Gripz | Whole Grain PopTarts | Pillisbury Mini Bagels | Nutri-Grain/String Chs |
| | | | **Energy Saving Menu:** Sept/Oct/Mar/May | |
| Hamburger or Cheeseburger | Corn Dog | Popcorn Chicken w/ Roll | Sandwich Variety* | Classic Pizza(Pepp)(P)&(Cheese)(V) |
| Chicken Nuggets w/ Roll | Spaghetti & Meatsauce | Roast Beef Sandwich | **Winter Menu: Jan/ Feb** | Grilled Chicken Sandwich |
| Yogurt, Cheese stick, Crackers(V) | w/ Garlic Breadstick | Yogurt, Cheese stick, Crackers(V) | Soup & Crackers | Yogurt, Cheese stick, Crackers(V) |
| | Uncrustable/Cheese/Crackers(V) | | Calzone, Pepp(P) Cheese (V) | |
| BBQ Baked Beans | Sweet Waffle Fries | | Uncrustable/Cheese/Crackers(V) | Crispy Crunchy Celery Sticks |
| Little Tater Babies | Green Peas | Macaroni & Cheese | Mini Carrot Sticks | Golden Corn |
| | | Super Greens | Kid's Snack Mix | French Fries |
| Applesauce/Seasonal Fruit* | Peaches/Seasonal Fruit* | Mixed Fruit /Seasonal Fruit* | Seasonal Fruit* | Pineapple/Seasonal Fruit* |
| Chef Salad* | Chef Salad* | Chef Salad* | Chef Salad* | Chef Salad* |
| | Cookie | | Cookie | |

*__Chef Salad__ (Turkey, Turkey Ham, Ham, or Chicken Strips) served with 4 pkts WG crackers

*__Sandwich Variety__ (Turkey, Ham, Uncrustable, Yogurt/Cheese Stick)

**SCAPA 16-17**

*Go to Nutrislice website: http://fayette.nutrislice.com/ - download App for Smartphone or check with Manager on carbohydrates

USDA Nondiscrimination Statement

**__1% & Fat Free Milk__ available at Breakfast and Lunch (1 cup). 100% Fruit Juice available at Breakfast (4oz) and Lunch (6.75oz).**

| s August | | | | |
|---|---|---|---|---|
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| | | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | 31 | | |

| September | | | | |
|---|---|---|---|---|
| | | | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 | 30 |

| October | | | | |
|---|---|---|---|---|
| 3 | 4 | 5 | 6 | 7 |
| 10 | 11 | 12 | 13 | 14 |
| 17 | 18 | 19 | 20 | 21 |
| 24 | 25 | 26 | 27 | 28 |
| 31 | | | | |

| November | | | | |
|---|---|---|---|---|
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| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | 23 | 26 | 27 |
| 28 | 29 | 30 | | |

| December | | | | |
|---|---|---|---|---|
| | | | 1 | 2 |
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| 19 | 20 | 21 | 22 | 23 |
| 26 | 27 | 28 | 29 | 30 |

| 2017 January | | | | |
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| 23 | 24 | 25 | 26 | 27 |
| 30 | 31 | | | |

| February | | | | |
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| 27 | 28 | | | |

| March | | | | |
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| 13 | 14 | 15 | 16 | 17 |
| 20 | 21 | 22 | 23 | 24 |
| 27 | 28 | 29 | 30 | 31 |

| April | | | | |
|---|---|---|---|---|
| 3 | 4 | 5 | 6 | 7 |
| 10 | 11 | 12 | 13 | 14 |
| 17 | 18 | 19 | 20 | 21 |
| 24 | 25 | 26 | 27 | 28 |

| May | | | | |
|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | 31 | | |

| June | | | | |
|---|---|---|---|---|
| | | | 1 | 2 |
| 5 | 6 | 7 | 8 | 9 |

*Energy Savings Days

Promotion Days

2016-2017
SCAPA

| | | |
|---|---|---|
| August | 2016 | Wild Watermelon Day |
| September | | World Milk Day - September 28th |
| October | | National School Lunch Week - October 10th-14th |
| November | | Turkey Day |
| December | | Snowflake Festival |
| January | 2017 | Let's Celebrate the New Yr, KY Proud |
| February | | Valentine's Day - February 14th |
| March | | National School Breakfast Week - March 6th-10th |
| April | | Earth Day 4/21/17 |
| May | | May"Berry" Day |
| | | School Lunch Hero Day - May 5th |

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| Farm Fresh Fridays to be determined |
| Serving Local KY grown produce |

| | | |
|---|---|---|
| Reminder: | LENT begins Wed. March 1st-ends April 15th | |